



DREAM UNI  
COURSE/CAREER?



UNI COURSE?  \_\_\_\_\_

5 THINGS I WANT TO  
ACHIEVE THIS YEAR

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

*'Today I will do what  
others won't so  
tomorrow I can do what  
others can't'*

PLANS POST HSC?

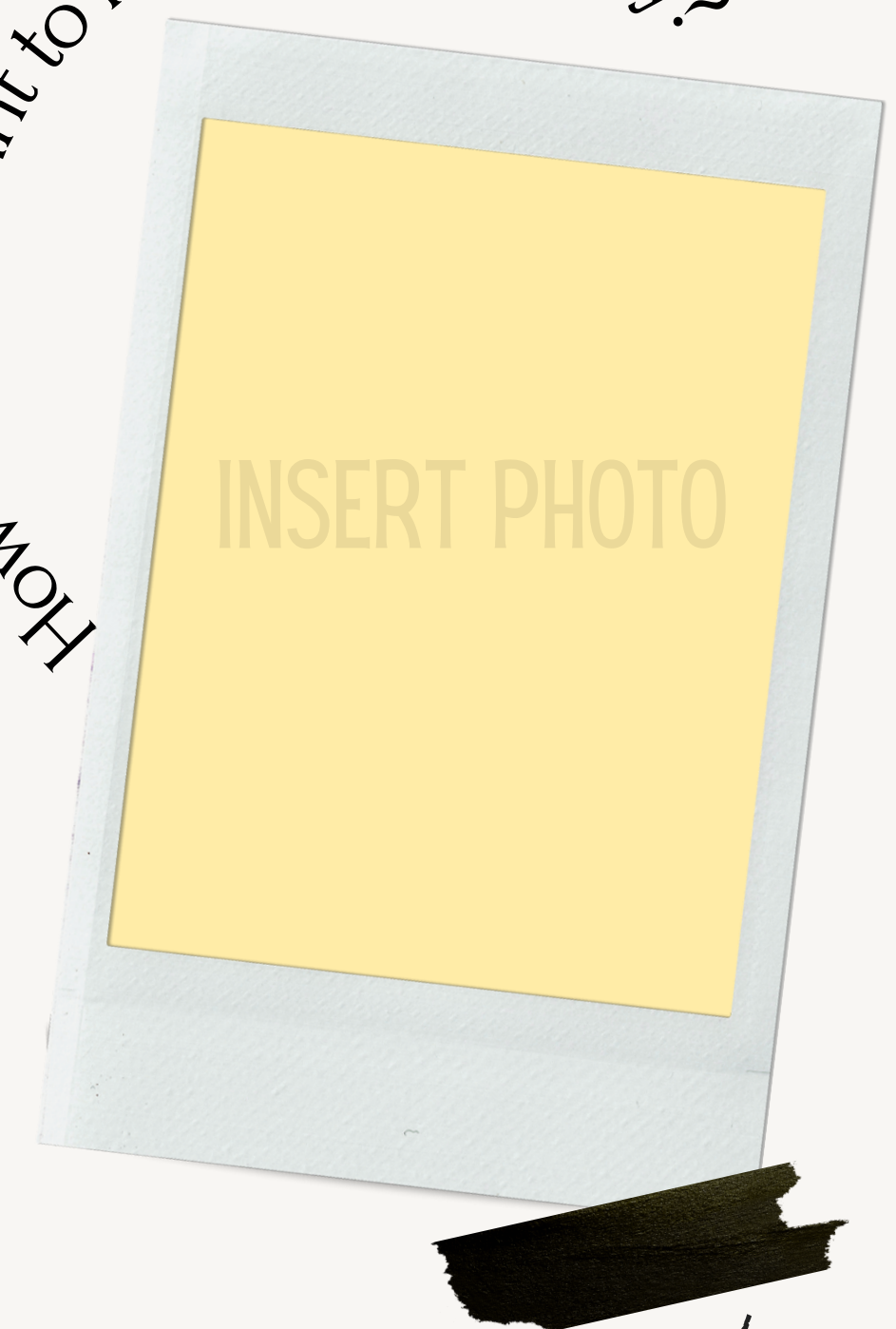


SCHOOLIES? TRAVEL? CAR?



NO REGRETS!

How do you want to feel on results day?



GOAL ATAR?

\_\_\_\_\_



## WHY?

In order to achieve your HSC goals, will you have to complete tasks that you don't want to do? Of course!

No one **wants** to complete practice essays, practice exams, syllabus memorisation and everything in between however they must if they want to achieve their goals.

By having your goals in front of you every single day you will have the motivation, energy, focus and self discipline to do all the tasks you don't want to do.

The answer to reducing procrastination and distraction is a vision board that you see every day.

## HOW?

- Use this template to create a **physical vision board** at home by adding images and text or create your own using a Word Document.
- **Input your vision to the student portal**
- **Talk to coaches** about your vision and their experience at uni
- **Research** and update your vision board throughout the year

## POSSIBLE IDEAS TO INCLUDE ON YOUR VISION BOARD

- Dream ATAR, degree or career
- Dream car, house or holiday
- How you want to feel walking out of your final HSC exam?
- Demonstrating your gratitude to Mum and Dad for everything they have done for you through your effort
- Maximising your options for university
- How you want to feel at Schoolies  
e.g. - 'Schoolies with zero regrets will be 10X better'
- Beating a friend or sibling
- Anything else that will remind you of the benefits and rewards of doing the work you don't want to do.

